

# Contents

Author's Note . . . . .	ix
Introduction . . . . .	1
Chapter 1 . . . . .	11
Prescription Writing for Pathology-Specific Foot Orthoses	
Chapter 2 . . . . .	27
Adult-Acquired Flatfoot Pathologies	
Chapter 3 . . . . .	43
Mechanically Induced Plantar Fasciitis and Subcalcaneal Pain	
Chapter 4 . . . . .	57
Functional Hallux Limitus and Hallux Valgus	
Chapter 5 . . . . .	69
Pediatric Flexible Flatfoot and Functional Orthoses	
Chapter 6 . . . . .	89
Pes Cavus Foot and Orthotic Therapy	
Chapter 7 . . . . .	103
Metatarsalgia: Decision Making for Orthotic Intervention	
Chapter 8 . . . . .	119
Tarsal Tunnel Syndrome: Mechanical Origins and Orthotic Treatment	

Chapter 9 . . . . .	<b>127</b>
Knee Pain and Functional Orthoses	
Chapter 10 . . . . .	<b>143</b>
Prefabricated Functional Foot Orthoses: Validity and Efficacy	
About the Author . . . . .	<b>157</b>
About the Contributors . . . . .	<b>159</b>
General Index . . . . .	<b>161</b>
Author Index . . . . .	<b>169</b>